

News & Events

THIS MORNING

We welcome back to St Margaret's Lynette D'Sousa who is playing the organ and piano for us today whilst Mike is on holiday.

BRING AND SHARE LUNCH SUNDAY 23 FEBRUARY

We aim to have three 'Bring and Share' lunches each year after the Sunday Eucharist. It's an opportunity to mix together and get to know one another in an informal setting.

Our first lunch in 2020 will be on Sunday 23 February - do make a note of the date in your diary. It would be good to have some vegetarian dishes, and helpful if these could be marked as such to help people who do not eat meat. We are asking for 'first courses' for this lunch as we will be having pancakes as a desert, a traditional pre-Lent food.

JANUARY FINANCE

Our income for the month was £5,549 and expenditure was £7,852. Income included: £1,318 from collections and FWO; £1,903 hall rents; £2,168 rents from Ingleby Road flats. Expenditure included: £4,697 monthly Parish Share paid to the Diocese; £20 insurance; £539 gas and electricity; £610 hall and window cleaning.

THIS WEEK

On Monday Fr John, Fr Gareth and Fr Stephen are spending the day together to discuss further the building and development of the Ilford MMU.

Monday evening, the Redbridge Deanery Synod meets at St Paul's, Goodmayes.

LENT

Ash Wednesday is on 26 February. We have Eucharists at 10.30am and 7.30pm, with the imposition of ashes at both (marked on the forehead with the sign of the cross in ash).

Please return your palm cross from last year on the next couple of Sundays. The crosses are burnt to produce the ash for the imposition on Ash Wednesday.

Lent Quiet Day. As an MMU (the grouping of ourselves, St Mary's and St Luke's), we are exploring the idea of having a 'Quiet Day' on Saturday 28 March at the Diocesan Retreat House at Pleshey. We would leave Ilford about 9am and return from Pleshey about 3.30pm. During the day there would be some addresses on a relating to Lent or Holy Week; some time of quiet; a Eucharist at midday. There would be a small cost, which would depend on how many people go. To get an idea about the viability of this, if you might be interested in going, please sign the list on the table at the back of church, or speak to Fr Stephen if you would like to know more.

2020 CATHEDRAL PILGRIMAGE

This year our Cathedral Pilgrimage with our friends from St Luke, Ilford and St Gabriel, Aldersbrook will be on Saturday 19 September, to Guildford Cathedral. It will be our seventh pilgrimage, and our first to a contemporary English Cathedral - work started on the building of the cathedral in 1936, but it was not completed and consecrated until 1961. More details of the day later, but you might like to make a note of the date now.

St Margaret of Antioch, Ilford

Welcoming, transforming and growing together in God's love

Weekly News Sheet

Sunday 9 February 2020

Fifth Sunday in Ordinary Time

Welcome to St Margaret's Church

We hope you enjoy worshipping with us or visiting us. If you are here for the first time please or visiting from another church, please introduce yourself.

Keep in touch with us by visiting our web site: stmargaretilford.org.uk

Follow us on Twitter: @StMargaretIG1

Like us on Facebook: facebook.com/StMargaretIG1/

Parish Priest: Fr Stephen Pugh stmargaretig1@gmail.com 020 8554 7542

Churchwardens: Charles Acolatse 020 8220 8310 Vijin Paulraj 07424 595436

Worship & Intercessions

THIS MORNING

Welcome Team:

Dorish Thason and

Mass Setting:

A New People's Mass Gregory Murray

Readers:

Ann Rotendaro and Terry English

Intercessions led by Vijin Paulraj

Eucharistic Ministers:

Jannis Abley and Rosalie Field

THIS WEEK

Thursday Eucharist 10.30am

NEXT SUNDAY

SIXTH SUNDAY IN ORDINARY TIME

10.30am Sung Eucharist

WE PRAY THIS WEEK FOR:

The sick and those in need:

Loraine Arnold, Janet Edwards, Fizza and her family, Anne Fox, Marjorie Green, Joan Kelly, Malcolm Kennedy, Grace Martin, Jennifer Mottley and her family, Joergen Nielsen, Hemendra Rai, Reema, Avril Sangowawa, Christobel Trumpet, John Went

The recently departed, including,

Eric Pask, Johnson Osei-Hwedieh

Those whose anniversaries of death fall this week:

9th: Beatrice Farr, Mabel Grave

10th: Ivy Anderson

11th: Leonard Chapman, Sylvia Pugh

13th: James Fullard, Dolly Davie

14th: Mabel James

Collect

Eternal God,
whose Son went among the crowds
and brought healing with his touch;
help us to show his love,
in your Church as we gather together,
and by our lives as they are transformed
into the image of Jesus Christ our Lord
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.
Amen.

First Reading: Isaiah 58: 1-9

Thus says the LORD: Shout out, do not hold back! Lift up your voice like a trumpet! Announce to my people their rebellion, to the house of Jacob their sins. Yet day after day they seek me and delight to know my ways, as if they were a nation that practised righteousness and did not forsake the ordinance of their God; they ask of me righteous judgements, they delight to draw near to God. 'Why do we fast, but you do not see? Why humble ourselves, but you do not notice?' Look, you serve your own interest on your fast-day, and oppress all your workers. Look, you fast only to quarrel and to fight and to strike with a wicked fist. Such fasting as you do today will not make your voice heard on high. Is such the fast that I choose, a day to humble oneself? Is it to bow down the head like a bulrush, and to lie in sackcloth and ashes? Will you call this a fast, a day acceptable to the LORD? Is not this the fast that I choose: to loose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry, and bring the homeless poor into your house; when you see the naked, to cover them, and not to hide yourself from your own kin? Then your light shall break forth like the dawn, and your healing shall spring up quickly; your vindicator shall go before you, the glory of the LORD shall be your rear guard. Then you shall call, and the LORD will answer; you shall cry for help, and he will say, Here I am.

Psalm: 112

R: The good will be a light in the darkness

They are a light in the darkness for the upright:
they are generous, merciful and just.
The good take pity and lend,
they conduct their affairs with honour. **R**

The just will never waver:
they will be remembered for ever.
They have no fear of evil news;
with a firm heart they trust in the Lord. **R**

With a steadfast heart they will not fear;
open-handed, they give to the poor;
their justice stands firm for ever.
Their heads will be raised in glory. **R**

Second Reading: 1 Corinthians 2: 1-12

When I came to you, brothers and sisters, I did not come proclaiming the mystery of God to you in lofty words or wisdom. For I decided to know nothing among you except Jesus Christ, and him crucified. And I came to you in weakness and in fear and in much trembling. My speech and my proclamation were not with plausible words of wisdom, but with a demonstration of the Spirit and of power, so that your faith might rest not on human wisdom but on the power of God. Yet among the mature we do speak wisdom, though it is not a wisdom of this age or of the rulers of this age, who are doomed to perish. But we speak God's wisdom, secret and hidden, which God decreed before the ages for our glory. None of the rulers of this age understood this; for if they had, they would not have crucified the Lord of glory. But, as it is written, 'What no eye has seen, nor ear heard, nor the human heart conceived, what God has prepared for those who love him' – these things God has revealed to us through the Spirit; for the Spirit searches everything, even the depths of God. For what human being knows what is truly

human except the human spirit that is within? So also no one comprehends what is truly God's except the Spirit of God. Now we have received not the spirit of the world, but the Spirit that is from God, so that we may understand the gifts bestowed on us by God.

Gospel acclamation

Alleluia...

I am the light of the world, says the Lord,
anyone who follows me will have the light of life
Alleluia...

Gospel: St Matthew 5: 13-20

Prayer over the Gifts

Creator God,
you provide food and drink
to sustain us on this earth.
Grant that this bread and wine
may be the sacrament of our eternal life.
Through Jesus Christ our Lord.
Amen.

Post Communion Prayer

Merciful Father,
who gave Jesus Christ to be for us the bread of life,
that those who come to him should never hunger:
draw us to the Lord in faith and love,
that we may eat and drink with him
at his table in the kingdom,
where he is alive and reigns, now and for ever.
Amen.