

News & Events

THIS MORNING

If you were not in church last Sunday, please make sure you take home with you today a copy of the Lent leaflet with details of our programme for Lent this year, and a copy of the #LiveLent booklet to use during the days of Lent.

BRING AND SHARE LUNCH

SUNDAY 23 FEBRUARY

Please stay! We will be having pancakes as a dessert, a traditional pre-Lent food.

LENT

Lent begins this week, on **Ash Wednesday**. We have Eucharists at 10.30am and 7.30pm, with the imposition of ashes at both (marked on the forehead with the sign of the cross in ash).

Lent Quiet Day. As an MMU (the grouping of ourselves, St Mary's and St Luke's), we will be holding a 'Quiet Day' on Saturday 28 March at the Diocesan Retreat House at Pleshey. We would leave Ilford about 9am and return from Pleshey about 3.30pm. There will be a small cost, which would depend on how many people go.

TRAIDCRAFT

Fair trade fortnight this year is from 24 February to 8 March. Please try and support Traidcraft during this time by buying something extra from the stall at the back of church or ordering from the new catalogue. Perhaps an Easter treat or one of the new flavoured teas including peppermint, raspberry inferno, peach & rhubarb. Let me know if you would like to make an order. Thanks. Sharon 07555 144255

BEST-HYGIENE PRACTICES

In the light of the outbreak of Coronavirus (COVID-19) current advice is that individuals should follow good hygiene practices to prevent the further spread of viruses including:

- Carrying tissues and using them to catch coughs and sneezes, and binning the tissue
- Washing hands with soap and water for 20 seconds or using sanitiser gel to kill germs.

Specific to churches, it is suggested that parishioners with coughs and sneezes should:

- Refrain from handshaking during The Peace
- Receive Holy Communion in one kind (ie receive only the Host, the Body of Christ)

Intinction (dipping the Host in the consecrated wine) is not recommended as this represents an infection transmission route.

JUDITH SKELTON

Judith died on 1 February. The wife of Ted Skelton, a former organist at St Margaret's, they lived in Coventry Road until they moved to Upwell on the Norfolk/Cambridgeshire border in the 2000's.

2020 CATHEDRAL PILGRIMAGE

This year our Cathedral Pilgrimage with our friends from St Luke, Ilford and St Gabriel, Aldersbrook will be on Saturday 19 September, to Guildford Cathedral. It will be our seventh pilgrimage, and our first to a contemporary English Cathedral - work started on the building of the cathedral in 1936, but it was not completed and consecrated until 1961. More details of the day later, but you might like to make a note of the date now.

St Margaret of Antioch, Ilford

Welcoming, transforming and growing together in God's love

Weekly News Sheet

Sunday 23 February 2020

Seventh Sunday in Ordinary Time

Welcome to St Margaret's Church

We hope you enjoy worshipping with us or visiting us. If you are here for the first time please or visiting from another church, please introduce yourself.

Keep in touch with us by visiting our web site: stmargaretilford.org.uk

Follow us on Twitter: @StMargaretIG1

Like us on Facebook: facebook.com/StMargaretIG1/

Parish Priest: Fr Stephen Pugh stmargaretig1@gmail.com 020 8554 7542

Churchwardens: Charles Acolatse 020 8220 8310 Vijin Paulraj 07424 595436

Worship & Intercessions

THIS MORNING

Welcome Team:

Faustina Bainbridge and Yvonne Thomas

Mass Setting:

A New People's Mass Gregory Murray

Readers:

Ann Edwards and

Intercessions led by Stephen Romaniuk

Eucharistic Ministers:

Stephen Romaniuk and Sharon Daughters

THIS WEEK

Ash Wednesday Eucharist with Ashing
10.30am and 7.30pm

NEXT SUNDAY

FIRST SUNDAY IN LENT
10.30am Sung Eucharist

WE PRAY THIS WEEK FOR:

The sick and those in need:

Loraine Arnold, Janet Edwards, Fizza and her family, Anne Fox, Marjorie Green, Joan Kelly, Malcolm Kennedy, Grace Martin, Jennifer Mottley and her family, Joergen Nielsen, Hemendra Rai, Reema, Avril Sangowawa, Christobel Trumpet, John Went

The recently departed, including, Johnson Osei-Hwedieh, Judith Skelton

Those whose anniversaries of death fall this week:

24th: Joseph Tanter, Alan Jaggard (*Priest*)

25th: Alice Ledhams, Emily Lang

26th: Peter Chambers

27th: Jacob Swartz

28th: Gertrude Davis, Hans Swartz,

Alan Archer

29th: Alan Hughes

Collect

Holy God,
you know the disorder of our sinful lives:
set straight our crooked hearts,
and bend our wills to love your goodness
and your glory
in Jesus Christ our Lord
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.
Amen.

First Reading: Leviticus 19: 1-2,9-18

The LORD spoke to Moses, saying: Speak to all the congregation of the people of Israel and say to them: You shall be holy, for I the LORD your God am holy. When you reap the harvest of your land, you shall not reap to the very edges of your field, or gather the gleanings of your harvest. You shall not strip your vineyard bare, or gather the fallen grapes of your vineyard; you shall leave them for the poor and the alien: I am the LORD your God. You shall not steal; you shall not deal falsely; and you shall not lie to one another. And you shall not swear falsely by my name, profaning the name of your God: I am the LORD. You shall not defraud your neighbour; you shall not steal; and you shall not keep for yourself the wages of a labourer until morning. You shall not revile the deaf or put a stumbling-block before the blind; you shall fear your God: I am the LORD. You shall not render an unjust judgement; you shall not be partial to the poor or defer to the great: with justice you shall judge your neighbour. You shall not go around as a slanderer among your people, and you shall not profit by the blood of your neighbour: I am the LORD. You shall not hate in your heart anyone of your kin; you shall reprove your neighbour, or you will incur guilt yourself. You shall not take vengeance or bear a grudge against any of your people, but you shall love your neighbour as yourself: I am the LORD.

Psalm: 103

R: The Lord is compassion, compassion and love.

My soul, give thanks to the Lord,
all my being, bless his holy name.
My soul, give thanks to the Lord
and never forget all his blessings. **R**

It is he who forgives all your guilt,
who heals every one of your ills,
who redeems your life from the grave,
who crowns you with love and compassion. **R**

The Lord is compassion and love.
slow to anger and rich in mercy.
He does not treat us according to our sins
nor repay us according to our faults. **R**

As far as the east is from the west
so far does he remove our sins.
As a father has compassion on his sons,
the Lord has pity on those who fear him. **R**

Second Reading:

I Corinthians 3: 10-11, 16-23

According to the grace of God given to me, like a skilled master builder I laid a foundation, and someone else is building on it. Each builder must choose with care how to build on it. For no one can lay any foundation other than the one that has been laid; that foundation is Jesus Christ. Do you not know that you are God's temple and that God's Spirit dwells in you? If anyone destroys God's temple, God will destroy that person. For God's temple is holy, and you are that temple. Do not deceive yourselves. If you think that you are wise in this age, you should become fools so that you may become wise. For the wisdom of this world is foolishness with God. For it is written, 'He catches the wise in their craftiness,' and again, 'The Lord knows the thoughts of the wise, that they are futile.' So let no one boast about human leaders. For all things are yours, whether Paul or Apollos or Cephas or the world or life or death or the present or the future – all belong to you, and you belong to Christ, and Christ belongs to God.

Gospel acclamation

Alleluia...

If anyone loves me they will keep my word,
and my Father will love them and we shall come to them.

Alleluia...

Gospel: St Matthew 5: 38-48

Prayer over the Gifts

God, our provider,
whose word has called us
to share in the table you have prepared;
give to us now, we pray you,
fitting words to sing your praise,
through Jesus Christ our Lord.
Amen.

Post Communion Prayer

Holy God,
we see your glory in the face of Jesus Christ:
may we who are partakers at his table
reflect his life in word and deed,
that all the world may know
his power to change and save.
This we ask through Jesus Christ our Lord.
Amen.